

LIVINGWELL INSTITUTE



iFIT in 3D

Are you looking for ways to improve your health and well-being from a mind, body, and spirit approach? *iFit in 3D* is a creative and innovative lifestyle program with individual support and group classes.

3D Balance Class (free)
Wednesday 6:30-7:30pm
20 Valley Road, Hershey PA 17033



Thanksgiving Meal

Join us for a community meal at the LivingWell farm, all ages welcome!

Bring a dish to share, meet new people, and enjoy a sense of gratitude for the many blessings we share together.

Thursday November 11th 6-8pm
345 Witmer Road, Hershey 17033



Christmas Open House

Celebrate together at our office with live music, food, and experience a community that cares for each other. "Be the Light" is our theme as we enter the holiday season.

Friday December 3rd 6-8pm
345 Witmer Road, Hershey 17033

UNLEASH GENEROSITY!

LivingWell Institute is participating in GivingTuesday, a social impact movement and fundraising campaign on November 30th to support our mission and *"Rebuilding Hope, Family, & Community Together"*.

GivingTuesday was created in 2012 as a simple idea: a day that encourages people to do good.

Over the past nine years, this idea has grown into a global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

To learn more about how you can support the care for those in need through LWI visit www.livingwellinstitute.net.

Together
we give.

Nov 30, 2021

GIVING
TUESDAY