

MAY NEWSLETTER

LivingWell Institute

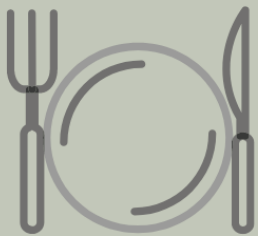


Family & Friends

May 16th @ 345 Witmer
Road Hershey PA 17033

6-8pm

Back yard cookout! Pot Luck
style, please contribute any
side dish or dessert to this
cookout.



Nature Rx

Community Garden Planting Day  Spring Clean up at the River Exchange

Community members are welcome to participate in our outdoor events to prepare our community Garden & River Exchange property for Summer festivities. Dates and locations will be advertised on our Instagram and Facebook as we are monitoring the weather.

3D Balance

Sunrise Movement Movement Class

Saturday May 27th 8-9

150 Calvery Church Road

Wrightsville PA

Community Resource Alliance Events

Join the effort to bring together people, resources, and programs to improve the well-being and health of students and families in our community.



ALLIANCE OPEN MEETINGS:

MAY 10 5:30-7PM

LOCATION: THE HUB

1821 FULTON ST, HARRISBURG 17102

JUNE 7 5:30-7PM

LOCATION: TBD

LIVE & LEARN

Summer Celebration

May 30th 12-1pm

Final class till Fall 2023