



Discover a new path to health and wholeness. Find creative solutions to life challenges!



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Empowering people to learn to *LiveWell*.

A Home for Healing



At LivingWell Institute we are as equally passionate about creating and sustaining a therapeutic environment as we are about providing our community with lifestyle education and a whole person experience.

The Farm Home, located on the Eisenbise Farm in Hershey, is one of our three restorative environments. This four bedroom home has become a hub for client care, team training, outdoor projects, and community gatherings. It has also become a home for several individuals who have chosen to transition out of old, harmful patterns and into a new, healthy lifestyle. The key to such a change is an environment of unconditional love and a commitment to love oneself enough to choose to take responsibility to facilitate change.

Room Available

Do you know someone who is looking for a restorative place to live? There is room available at the Farm home for individuals in need of care, rest, and community. Contact 717-215-9360

Matching Gift Campaign Thank You

Help people access support to make changes that will improve their quality of life and the health of our community.

Thank you for supporting LivingWell's matching gift campaign. Together we reached our goal of raising over \$30,000. We appreciate your support!

Programs Offered

Live and Learn

Live and Learn is our weekly community program that provides an introduction to the seven steps of LivingWell through facilitated and interactive dialogue and activities. It's held weekly on Tuesdays at noon in the LivingWell Office.

3D Balance

Wednesday at 6:00pm

Learn how mindful movement can relieve stress and tension, physical pain, and increase well-being. Build awareness of connection between mind, body and spirit. Progressive information over 4 weeks, so students are encouraged to sign up for 4 weeks to embrace a full transformational lifestyle change. Led by Kylee Koval. \$15 per class/\$50 per month.

Friends and Family Night

Join us for one of these community gatherings in our comfortable Farm home located at 345 Witmer Road, Hershey.

A great way to connect with People of all ages around a potluck meal, music, and games.

Bring a friend, a food dish to share and your favorite game.
May 9th from 6:30 - 8pm.
Call our office at 717-533-0881 if you have questions.

